

## Who can I tell?

If you see or hear about something that could be abuse or if someone tells you that something has happened to them which could be abuse or neglect contact Plymouth City Council on 01752 668000 or online at

[plymouth.gov.uk/adultcareandhealth/reportadultabuseorneglect](http://plymouth.gov.uk/adultcareandhealth/reportadultabuseorneglect)

If a crime has been committed you may also contact Devon and Cornwall Police on 101. In an emergency dial 999 for example, when a crime is in progress, or someone's life is at risk because of violence or serious illness or injury.

For more information visit

[www.plymouth.gov.uk/adultsafeguardingboard](http://www.plymouth.gov.uk/adultsafeguardingboard)

**ABUSE:**  
**don't tolerate it ...**  
**don't ignore it ...**  
**report it**



**Plymouth  
Safeguarding  
Adults Board**



**SAFEGUARDING ADULTS -  
Everybody's business**

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Northern, Eastern and Western Devon  
Clinical Commissioning Group



Devon & Cornwall Police  
Building safer communities together

## Why do we need to safeguard adults?

- Everyone has the right to live their life free from violence, fear and abuse
- All adults have the right to be protected from harm and exploitation
- Not everyone can protect themselves
- All adults have the right to independence, which may involve risk

## Which adults are at risk?

People aged 18 or over who:

- May rely on other people or services for care and support with day to day tasks because of their age, physical or learning disability, mental health need or involvement in substance misuse
- May lack mental capacity
- May not be able to speak up for themselves
- May neglect themselves and/or their home

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**don't ignore it...**

**report it**

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## Adults at risk can be:

- Physically abused
- Psychologically abused
- Financially abused
- Sexually abused
- Discriminated against
- Neglected

## Abuse can take many forms such as:

- Shouting or swearing, which makes a person fearful
- Hitting, slapping or pushing
- Unwanted touching, kissing or sexual intercourse or sexual contact to which a person cannot consent
- Not being cared for properly or denied privacy, choice or social contact
- Money or property taken without permission or under pressure
- Pressure to sign over money or property or financial transactions to which a person cannot consent
- Domestic abuse, which includes incidents of controlling, coercive or threatening behaviour, honour based violence and female genital mutilation
- Modern Slavery, encompassing human trafficking, forced labour and domestic servitude